

Instructions Concerning blood thinners For Pre-Operative Patients

Patients who are preparing for surgery should stop using all products containing aspirin and certain other related anti-inflammatory medications. Aspirin is a strong anti-coagulant which can cause bleeding problems during or following surgery even in normal, healthy individuals. It is therefore important that you STOP aspirin and other related products for 7-10 days prior to your surgery. You can generally resume taking the product 3-5 days after surgery. **If your Internist or another physician has prescribed these products for health reasons, please bring it to our attention. In these cases it is necessary to consult with your physician and obtain your physician's approval and instructions before stopping these medications.** We advise patients to stop any medication that can increase bleeding to make your surgery safer, however; stopping any medication prescribed by your physician can carry significant risks including but not limited to the following: stroke, heart attack, blood clots etc.. Be sure to check the label of all medications.

The following is a list of some of the common medications which contain these components:

Advil	Darvon Compound	Orudis
Alka-Seltzer	Doan's Pills	Pabirin Buffered Tabs
Aleve	Dolobid	Panalgesic
Anacin	Dristan	Pepto Bismol
A.P.C.	Duragesic	Percodan
Ascodeen-30	Ecotrin	Persantine
Ascriptin	Emprazil	Persistine
Aspirin	Empirin	Ponstel
Aspirin Suppositories	Equagesic	Robaxisal
Bayer Aspirin	Excedrin	Sine-Off
BC Powders	Feldene	SK-65 Compound
Buf Tabs	Fiorinal	Caps Stendin
Buff-aComp	Ginkgo Biloba	Stero-Darvon &A.S.A.
Buffadyne	Indocin (Ibuprofen)	Sudafed
Bufferin	Measurin	Supac
Buffex	Meclomen	St. John's Wart
Butalbia	Melatonin	Synalogos Capsules
Butzolidin	Midol	Synalogos D.C.
Cama-Inlay Capsules	Monacet & Codeine Motrin	Tolectin
Ceracol Capsules	Nalfon	Triaminicin
Clinoril Congespirin	Naprosyn	Vanquish
Cope	Norgesic	Voltaren
Coricidin	Nuprin	Zomac
		Zorpin

(High doses of Vitamin E -more than 1000 I. u.)

Other drugs not listed might contain prohibited medications. If you are unsure about any medication, please ask us.

If YOU must take something for headaches, menstrual cramps, or other aches and pains - TYLENOL (as directed) is fine. You may take it for the 14 days prior to your surgery. Your cooperation can help prevent bleeding problems during and after your planned treatment.

Patient Signature

Witness

Date